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Promoting Sustainable Agriculture through Livestock-Based Integrated Farming System

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### SUMMARY

Livestock-based integrated farming is a productive and sustainable agriculture system in the northeast region. It has been practiced traditionally and integrates livestock with crops to increase economic yield and minimize environmental pollution by recycling waste materials. This system also provides nutritional security and income generation to small farmers and reduces underemployment. By promoting natural resource management and environmental protection, it ensures sustainable agriculture. Integration of livestock in farming systems is an excellent way to promote resource utilization and economic growth.

## **INTRODUCTION**

A livestock-based integrated farming system (IFS) is an innovative and sustainable agricultural practice that involves the integration of different farming activities, such as crop production, livestock rearing, aquaculture and agroforestry, into a cohesive system. This approach is aimed at maximizing the use of available resources and optimizing productivity while minimizing negative environmental impacts. Agricultural production systems are facing several challenges due to the increasing cost of food and energy, dwindling water resources, declining farm sizes, soil degradation, imbalanced fertilizer usage, over-reliance on agrochemicals and the effects of climate change(Paroda, 2012). The livestock-based integrated farming system is a traditional farming practice that has been used for centuries in different parts of the world. It is a highly efficient and sustainable farming system that has the potential to provide food security, generate income and promote rural development. According to Dash (2017), livestock farming provides a livelihood for two-thirds of the rural community in India and creates employment for approximately 8.8% of the population. In this farming system, livestock is an integral part of the farming activities and their waste products are used as a source of nutrients for the crops. The crops, in turn, provide feed for the livestock. The system is designed to create a closed-loop cycle that utilizes resources efficiently, reduces waste and increases farm productivity. The output of one enterprise can serve as the input for another enterprise, resulting in improved resource utilization efficiency. Livestock is an essential component of rural economic development, providing additional income and creating valuable employment opportunities, especially for landless labourers, smallholders and marginal farmers (Ali, 2007).With the growing demand for food and the need for sustainable agriculture, this farming system is gaining popularity globally.

### **Principles**

The livestock-based integrated farming system is based on several principles that guide its implementation. These principles include: Conservation of resources such as water, soil and energy. This is achieved through the use of sustainable practices such as crop rotation, intercropping and the use of organic fertilizers. Promotes the use of diverse livestock species, crops and other farming activities. This diversity helps to reduce the risks associated with monoculture farming and promotes resilience in the farming system. Recycling of resources such as animal waste, crop residues and water. This recycling helps to reduce waste, conserve resources and promote sustainability. Integration of different farming activities such as livestock production, crop farming and aquaculture. This integration helps to optimize resource use, reduce waste and promote efficiency in the farming system. Adapting to the local environment and conditions. This ensures that the farming system is sustainable and resilient in the face of environmental and economic changes. Involving the community in the farming activities. This promotes social cohesion, knowledge sharing and the development of local solutions to farming challenges.

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## Components

The livestock-based integrated farming system comprises several components that work together to create a sustainable and efficient farming system. Some of the key components are: Livestock: Livestock such as cows, pigs, goats, chickens and ducks are essential components of the integrated farming system. They provide a source of income through the sale of meat, milk, eggs and other products. Livestock also provide manure, which is a valuable source of nutrients for crops. Crops: Crops such as vegetables, fruits, grains, and forage crops are grown in the integrated farming system. They provide food for the livestock and their waste products are used as a source of nutrients for the soil. Aquaculture: Fish farming is another component of the integrated farming system. Fish provide a source of protein and their waste products are used to fertilize the crops. Agroforestry: Agroforestry is the integration of trees and shrubs into the farming system. Trees provide shade, shelter and timber, while their branches are used as a source of nutrients for crops, while component of the integrated farming system. Livestock waste products such as manure and urine are used as a source of nutrients for crops, while crop residues and other waste products are used as a source of feed for livestock. Soil conservation: Soil conservation is an essential component of the integrated farming system. Soil conservation is an essential component of the integrated farming system. Soil conservation is an essential component of the integrated farming system. Soil conservation is an essential component of the integrated farming system. Soil conservation is an essential component of the integrated farming system. Soil conservation is an essential component of the integrated farming system. Soil conservation is an essential component of the integrated farming system. Practices such as crop rotation, intercropping and cover cropping are used to maintain soil fertility and prevent soil erosion.

#### **Benefits**

The livestock-based integrated farming system offers several benefits that make it a sustainable and efficient agricultural practice. Some of the key benefits are: Increased productivity: The IFS optimizes resource use and promotes efficiency in the farming system. This results in increased productivity and higher yields of crops and livestock products. Soil fertility: The IFS promotes soil fertility through the use of organic fertilizers such as animal manure and crop residues. This helps to maintain soil health and reduce the need for synthetic fertilizers. Diversification: The IFS promotes diversification through the use of different livestock species, crops and other farming activities. This reduces the risks associated with monoculture farming and promotes resilience in the farming system. Income generation: The IFS provides multiple sources of income through the sale of livestock products, crops and other farming activities such as aquaculture and agroforestry. Environmental sustainability: The IFS promotes environmental sustainability through the conservation of resources, the reduction of waste and the promotion of biodiversity. Food security: The IFS contributes to food security by providing a diverse range of nutritious food products, promoting local food systems and reducing dependence on external inputs. Climate change mitigation: The integrated farming system has the potential to mitigate climate change through the sequestration of carbon in soil, the reduction of greenhouse gas emissions and the promotion of sustainable land management practices.

#### Challenges

Despite the benefits of the livestock-based integrated farming system, there are several challenges associated with its implementation. Some of the key challenges are: Lack of knowledge and awareness: Farmers may lack the necessary knowledge and awareness to implement the integrated farming system effectively. This can result in suboptimal resource use, reduced productivity and other challenges. Access to resources: The IFS requires access to resources such as land, water and inputs. Farmers may face challenges in accessing these resources, particularly in areas where land and water resources are limited. Market access: The IFS may require farmers to produce a diverse range of products, which may be challenging to market. Farmers may need support in accessing markets and building relationships with buyers. Animal health and welfare: The IFS requires attention to animal health and welfare to ensure that livestock are healthy and productive. Farmers may face challenges in accessing veterinary services and implementing best practices for animal care. Climate variability: The IFS may be vulnerable to climate variability, particularly in areas where rainfall patterns are unpredictable. Farmers may need to implement adaptive practices to mitigate the impact of climate variability on their farming activities. Cultural and social barriers: The IFS may be perceived as unfamiliar or incompatible with cultural and social norms in some communities. Farmers may face challenges in engaging with community members and building support for the integrated farming system. In conclusion, the livestock-based integrated farming system is a sustainable agricultural practice that integrates different farming activities. It aims to optimize resource use, increase productivity, enhance soil fertility, promote biodiversity, reduce waste, improve livelihoods, and contribute to environmental sustainability. However, challenges such as access to resources, market access and animal health and welfare need to be addressed for effective implementation. Promoting the

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adoption of this system can contribute to a more sustainable and resilient agricultural sector, which benefits both farmers and the environment.

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