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The Power of *Trichoderma*: Boosting Plant Growth and Disease Control R. M. Shinde¹, R. T. Shende², Lado Sanjay Sharma¹ and D. N. Damse³

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SUMMARY

Trichoderma is a soil fungus that enhances plant growth and controls plant diseases. It forms symbiotic relationships with plant roots, inhibits pathogenic fungi, and improves nutrient utilization. It employs various mechanisms that make it difficult for target organisms to develop resistance, such as parasitizing other fungi and producing antibiotics. Trichoderma has been extensively studied for its potential in controlling plant diseases caused by soil-borne pathogens. It also promotes plant growth by influencing root system architecture, hormone signaling, and producing growth-promoting compounds. Biofungicides and growth promoters based on Trichoderma have been developed for agricultural use, showing efficacy in disease control and increasing crop yields. Research is expanding in understanding Trichoderma's genes and mechanisms. By combining Trichoderma with other beneficial microorganisms, sustainable agricultural practices can be promoted.

INTRODUCTION

Trichoderma, a genus of soil-dwelling fungi, has gained recognition for its remarkable ability to promote plant growth and control various plant diseases. This versatile organism forms symbiotic relationships with plant roots, inhibits the growth of pathogenic fungi, and enhances nutrient utilization efficiency. In this comprehensive article, we will explore the multifaceted actions of *Trichoderma* and its role in improving plant health and productivity.



Image Source: Unsplash

Understanding *Trichoderma*

Trichoderma is a common soil-dwelling fungus found worldwide. It has been extensively studied for its wide range of beneficial effects on plants. Researchers have identified different species and strains of *Trichoderma*, such as *Trichoderma* harzianum T-22, *Trichoderma* atroviride, *Trichoderma* virens, and more, each with its unique characteristics and applications.

The Mechanisms of Action

Trichoderma exerts its positive effects on plants through various mechanisms. Firstly, it forms a physical bond with plant roots, creating a barrier that prevents the colonization of pathogenic fungi. This

colonization also allows *Trichoderma* to outcompete other fungi in the soil. Additionally, *Trichoderma* produces cell wall-degrading enzymes that break down the cell walls of pathogenic fungi, further inhibiting their growth.

Moreover, *Trichoderma* enhances nutrient availability in the soil by secreting organic acids that solubilize phosphates and mineral ions, making them more accessible to plants. This biofertilization effect is particularly beneficial in nutrient-deficient soils. *Trichoderma* also stimulates plant defense mechanisms, activating plant immune responses and aiding in the control of aboveground fungal infections.

Interactions with Other Microorganisms

Trichoderma's effectiveness as a biocontrol agent is attributed to its diverse mechanisms, making it difficult for target organisms to develop resistance. It directly parasitizes other fungi by attaching to them, coiling around their hyphae, and producing enzymes that degrade their cell walls. *Trichoderma* also produces antibiotics and antifungal compounds that are toxic to pathogens. These compounds act synergistically, providing a more potent effect against fungal infections.

In addition to its antagonistic interactions, *Trichoderma* competes with other microorganisms for nutrients in the soil. It has a remarkable ability to extract nutrients from complex compounds, such as chitin from fungi or cellulose from plants, which are difficult for other organisms to break down. *Trichoderma* can even bind to scarce nutrients like iron, inhibiting the growth of other fungi.

Trichoderma for Disease Control

Trichoderma species have been widely studied for their potential as biological control agents against various plant diseases. They have shown efficacy in controlling soil-borne diseases caused by pathogens like Fusarium, Pythium, and Rhizoctonia. *Trichoderma*-based biofungicides, such as T. harzianum T-22 and T. atroviride, have been developed and commercialized for use in agriculture.

When applied to crops, *Trichoderma* can improve disease resistance and overall plant health. It colonizes the rhizosphere and root system, creating a protective environment that inhibits the growth of pathogenic fungi. The secretion of antifungal compounds and enzymes by *Trichoderma* further enhances its disease control capabilities.

Harnessing Trichoderma for Plant Growth Promotion

In addition to disease control, *Trichoderma* has been recognized for its ability to promote plant growth and development. It enhances root system architecture by stimulating lateral root growth and increasing root branching. *Trichoderma* also influences plant hormone signaling, particularly auxin, which plays a crucial role in plant growth regulation.

Studies have shown that *Trichoderma* inoculation leads to increased biomass production, improved nutrient utilization efficiency, and enhanced resistance to abiotic stresses. The production of growth-promoting compounds like indole-3-acetic acid (IAA) by *Trichoderma* contributes to its plant growth-promoting effects.

Application and Commercial Products

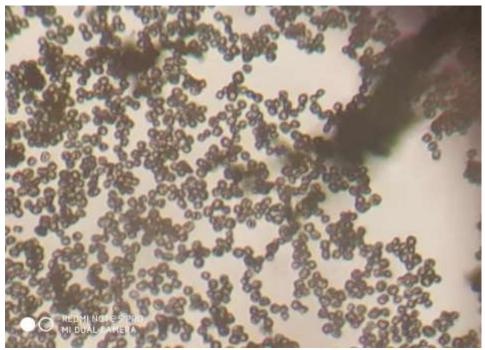
The use of *Trichoderma* as a biocontrol agent and growth promoter has gained significant attention in agriculture. Various commercial products, such as Trichodex, RootShield, and Binab TF, contain strains of *Trichoderma* formulated for specific applications. These products have been successfully employed in crop production, providing sustainable and environmentally friendly alternatives to chemical pesticides.

To optimize the efficacy of *Trichoderma*-based products, researchers are continuously exploring novel formulations and application techniques. Strategies to enhance stress resistance and storage stability of *Trichoderma* preparations are being developed, ensuring their viability and effectiveness in different agricultural conditions.

Future Directions and Research

The field of *Trichoderma* research is rapidly advancing, with extensive studies on its genomics, transcriptomics, proteomics, and metabolomics. These investigations are shedding light on the genes and mechanisms underlying *Trichoderma*'s beneficial effects on plants. Understanding the genetic basis of *Trichoderma*'s interactions with plants and pathogens will enable researchers to develop more targeted and efficient biocontrol strategies.

The potential of *Trichoderma* in agriculture is vast, and the development of diverse application technologies will be crucial for its sustainable use. Harnessing the power of *Trichoderma* in combination with other beneficial microorganisms and biostimulants holds promise for improving crop productivity, reducing chemical inputs, and promoting sustainable agricultural practices.



Trichoderma spores image

CONCLUSION

Trichoderma fungi have emerged as powerful allies in plant disease control and growth promotion. Their multifaceted mechanisms of action, including competition, antibiosis, antagonism, mycoparasitism, and plant hormone modulation, make them valuable tools in sustainable agriculture. *Trichoderma*-based products offer effective and environmentally friendly alternatives to chemical pesticides, promoting healthier plants and higher crop yields.

As further research unveils the intricate interactions between *Trichoderma*, plants, and pathogens, the full potential of this remarkable fungus can be harnessed to address the challenges of modern agriculture. By integrating *Trichoderma*-based solutions into farming practices, we can create a more sustainable and resilient agricultural system for the future.

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