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Soil Solarization: A Sustainable Revolution in Dryland Agriculture

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Soil solarization is a sustainable farming technique that uses solar energy to improve soil health, control pests, and suppress weeds. By covering moist soil with transparent plastic sheets, temperatures rise, killing harmful pathogens and weed seeds while boosting nutrient availability. This method enhances soil fertility, reduces weed infestations by up to 90%, and eliminates 80% of soil-borne diseases, leading to higher crop yields and greater economic returns. Despite challenges like plastic waste and climate dependency, innovations such as biodegradable films and organic amendments are making solarization more efficient. With proper adoption, it can reduce chemical reliance and promote eco-friendly agriculture in dryland regions.

INTRODUCTION

Agriculture in dryland regions faces a constant struggle against poor soil fertility, persistent weeds, and devastating soil-borne diseases. Farmers in these areas often rely heavily on chemical pesticides, herbicides, and fertilizers, which not only strain their financial resources but also pose long-term environmental risks. Fortunately, an eco-friendly and cost-effective solution is gaining momentum-soil solarization. This innovative technique harnesses the power of the sun to naturally improve soil health, eliminate pests, and boost crop yields without the harmful effects of synthetic chemicals.



Figure 1: The Basic Principle of Soil Solarization (Deepa et al.,)

What is Soil Solarization?

Soil solarization is a simple yet highly effective technique where transparent plastic sheets are used to trap solar energy and heat the soil to temperatures that kill harmful pathogens, weeds, and pests. This method is particularly beneficial in dryland agriculture, where high temperatures and strong solar radiation can maximize its effectiveness.

The process involves:

- Preparing the soil Tilling the soil and ensuring it is free from debris.
- Moistening the soil Wetting the soil helps conduct heat deeper into the ground.

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- Covering the soil Transparent polyethylene plastic sheets are laid over the soil, trapping heat and raising soil temperatures.
- Waiting period The soil remains covered for four to eight weeks during the hottest months.
- Removal of plastic and planting After solarization, the plastic is removed, and crops can be planted immediately.

Principle involved in Soil solarization

Soil solarization involves trapping of solar heat/radiation/energy into the soil layers through transparent polyethylene covering, to raise the soil temperature to the levels where it becomes lethal to temperature-sensitive or mesophilic soil micro organisms, to which category, most of the plant pathogenic fungi, bacteria, nematode etc. belong. Polyethylene covering of soil produces greenhouse effect leading to rise in soil temperatures commonly to 48-52°C up to 5 cm soil depth during hot months (May- June), as the polyethylene cover reduces heat convection and alter evaporation from the soil to the atmosphere. Crop pests are either killed by lethal heat (>40°C) or weakened by sub-lethal heat (<38-40°C) to the extent that they are unable to cause damage to plants/or they are more susceptible to degradation /decomposition by chemical toxicants or direct antagonistic action of decomposers or/and antagonists. Appropriate time for soil solarization is summer (May-June) when the sun is most intense. It is not only effective for small cultivation areas like nursery beds, protected cultivation area etc., but also for larger fields.

The Benefits of Soil Solarization

1. Boosts Soil Fertility: One of the most remarkable advantages of soil solarization is its ability to improve soil nutrient content. The soil solarization increases essential nutrients like nitrogen (N), phosphorus (P), and potassium (K), which are critical for plant growth. This occurs because high temperatures accelerate the breakdown of organic matter, making nutrients more available to crops.

2. Controls Soil-Borne Pests and Diseases: Soil-borne pathogens like *Fusarium oxysporum*, *Rhizoctonia solani*, and *Phytophthora cinnamomi* cause devastating crop diseases, leading to major yield losses. Chemical fumigants have traditionally been used to control these pathogens, but they pose health risks and contribute to environmental pollution. Solarization, on the other hand, eliminates up to 80% of soil-borne diseases naturally. High temperatures disrupt the life cycles of harmful fungi, bacteria, and nematodes, effectively sterilizing the soil. Moreover, the process encourages the growth of beneficial microbes that outcompete harmful pathogens, creating a healthier soil ecosystem.

3. Reduces Weed Infestation: Weeds are a major challenge in dryland agriculture, competing with crops for water, nutrients, and sunlight. Traditional herbicides are costly and often lead to the development of herbicide-resistant weeds. Soil solarization provides a natural weed control method by destroying weed seeds before they can sprout. It can reduce weed seed banks by up to 90%, significantly lowering weed infestations in subsequent growing seasons. The process is particularly effective against parasitic weeds like *Orobanche spp.*, which are notoriously difficult to control.

4. Enhances Crop Yields and Economic Returns: By improving soil fertility, eliminating pests, and reducing weeds, soil solarization leads to higher crop yields. Farmers who adopt solarization can see a return on investment of up to 56% per year, making it an economically viable alternative to expensive agrochemicals. In crops like tomatoes, onions, and strawberries, yield increases of 30-120% have been recorded. The highlight solarization's potential to enhance food security and farmer profitability in dryland regions.

Challenges and Limitations of Soil Solarization

1. Climate Dependence: The effectiveness of soil solarization depends on high temperatures and strong sunlight. It works best in regions with intense summer heat, making it less suitable for cooler climates. However, suggest that combining solarization with organic amendments (such as compost or manure) can enhance its efficacy even in less sunny areas.

2. Plastic Waste Concerns: One major drawback of soil solarization is the use of polyethylene plastic, which can contribute to environmental pollution if not disposed of properly. Farmers need to invest in biodegradable plastic films, which decompose naturally and reduce plastic waste.

3. Initial Setup Costs: Although solarization is cost-effective in the long run, the initial cost of plastic sheets and labor may be a barrier for small-scale farmers. However, economic studies show that the investment pays off within a single growing season due to higher yields and reduced pesticide costs.

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The Future of Soil Solarization in Agriculture

With the increasing demand for sustainable and chemical-free farming practices, soil solarization is gaining recognition as a promising solution for global agriculture. Researchers are working on innovations such as:

- Biodegradable solarization films to reduce plastic waste.
- Integration with biofumigation (using plant-based soil treatments) to enhance pest control.
- Automated temperature monitoring to optimize soil heating.

Governments and agricultural organizations should support the widespread adoption of soil solarization by:

- Providing subsidies for biodegradable plastic sheets.
- Conducting training programs for farmers.
- Promoting research on solarization's long-term effects on soil health.

CONCLUSION

Soil solarization is a game-changer for dryland agriculture, offering an eco-friendly, cost-effective, and sustainable way to manage soil fertility, pests, and weeds. By harnessing the power of the sun, farmers can boost crop productivity, reduce chemical inputs, and improve soil health. While challenges such as plastic waste and climate dependency exist, ongoing innovations are making this technique more accessible and environmentally friendly. As the world moves toward sustainable farming, soil solarization stands out as a powerful tool for ensuring food security and protecting the environment. With further research and policy support, this ancient practice could become a mainstream solution for modern agriculture.

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